

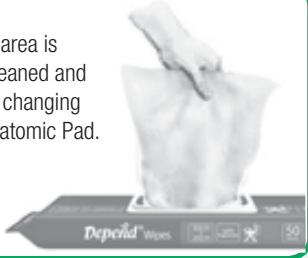
DEPEND® Anatomic Pads should be applied from front to back wherever possible.

If the only practical way to apply the aid is from back to front, please take care to not “drag” the aid over the peri-anal area.

Product Fitting Instructions

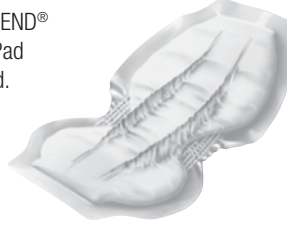
STEP A

Ensure groin area is thoroughly cleaned and dried prior to changing DEPEND® Anatomic Pad.



STEP B

Unfold DEPEND® Anatomic Pad and expand.

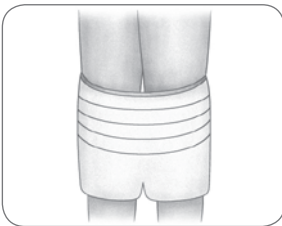


STEP C

Fold DEPEND® Anatomic Pad lengthways to channel product.

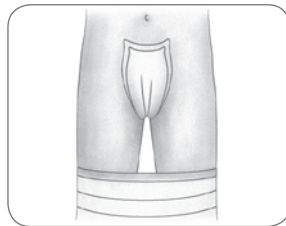


STANDING



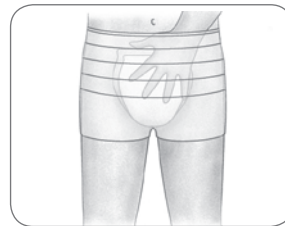
STEP 1

Pull stretch pants half-way up.



STEP 2

Fold DEPEND® Anatomic Pad lengthwise, place between legs, plastic side out.



STEP 3

Unfold DEPEND® Anatomic Pad across groin and spread out to fit. Pull up stretch pants.



STEP 4

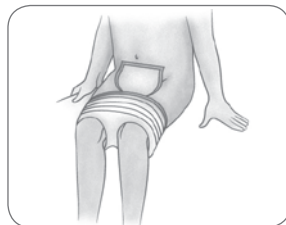
Ensure DEPEND® Anatomic Pad is firmly in place at front and back.

SITTING



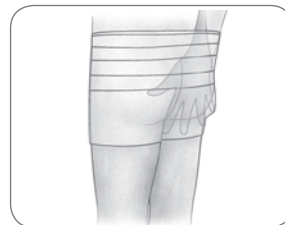
STEP 1

Pull stretch pants half-way up.



STEP 2

Fold DEPEND® Anatomic Pad lengthwise, place between legs, pull up stretch pants at front.



STEP 3

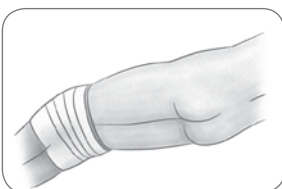
Stand wearer up, spread DEPEND® Anatomic Pad at back and pull up stretch pants.



STEP 4

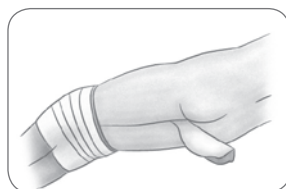
Reseat wearer, ensure DEPEND® Anatomic Pad is firmly in place at front and back.

LYING DOWN



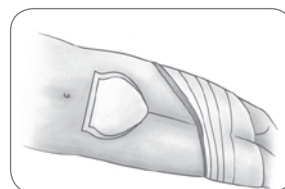
STEP 1

Turn wearer onto side, pull stretch pants half-way up.



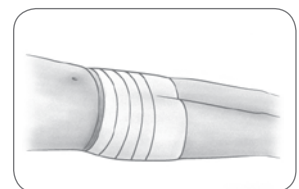
STEP 2

Fold DEPEND® Anatomic Pad lengthwise, place between legs.



STEP 3

Unfold across groin and spread with plastic side facing out, pull up stretch pants on one side.



STEP 4

Turn wearer onto back, ensure DEPEND® Anatomic Pad is firmly in place at front and back.

FINAL CHECKS:

- Secure elastic firmly into the groin.
- Men – Place top of the larger end of the pad to be in line with the resident's navel.
- Women – Place top of the smaller end of the pad to be just below navel.

For more information on DEPEND® products and continence management go to

www.depend.com.au/professional