

DEPEND® Fitted Briefs should be applied from front to back wherever possible.

If the only practical way to apply the aid is from back to front, please take care to not “drag” the aid over the peri-anal area.

### Product Fitting Instructions

#### STEP A

Ensure the groin area is thoroughly cleaned and dried prior to changing DEPEND® Brief.



#### STEP B

Unfold DEPEND® Brief and expand front and rear sections.



#### STEP C

Fold DEPEND® Brief lengthways to channel product.



### STANDING



#### STEP 1

With tape end at the back, fit DEPEND® Brief snugly into crotch.



#### STEP 2

Pull up back section and smooth.



#### STEP 3

Fasten bottom tape on each side, pointing upwards.



#### STEP 4

Then fasten top tape on each side, pointing downwards to get a snug fit.

### SITTING



#### STEP 1

With tape end at the back, place unfolded DEPEND® Brief onto chair and sit resident onto brief.



#### STEP 2

Pull front of DEPEND® Brief up between crotch, whilst holding the seat of the DEPEND® Brief at the crotch.



#### STEP 3

Expand both sides of the DEPEND® Brief and smooth front and back.



#### STEP 4

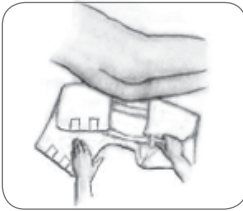
Bring both sides of the back section around the hips and over the front of the DEPEND® Brief.



#### STEP 4

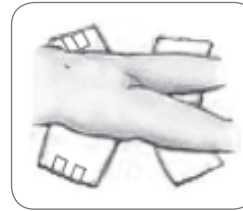
Fasten bottom tape on each side first, pointing upwards and then fasten top tape on each side, pointing downwards, to get a snug fit.

### LYING DOWN



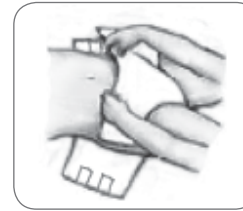
#### STEP 1

With resident on side gently fit DEPEND® Brief into groin with tape section at the back.



#### STEP 2

Expand the back of the DEPEND® Brief and smooth before rolling resident onto back.



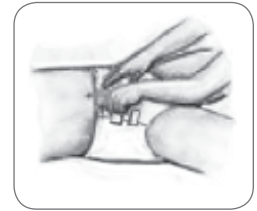
#### STEP 3

Expand the front of DEPEND® Brief and smooth.



#### STEP 4

Bring each side from back section over the front and fasten bottom tape on each side, pointing upwards.



#### STEP 4

Then fasten top tape on each side, pointing downwards to get a snug fit.

### FINAL CHECKS:

- To promote optimal skin integrity and pressure care, ensure pad cover has minimal skin contact.
- Wetness indicator should always be in line with centre of the body.
- Once DEPEND® Brief is applied, ensure correct fitting by checking waistband, crotch and tabs.
- Ensure leg elastic is fitted into the groin.

For more information on DEPEND® products and continence management go to

[www.depend.com.au/professional](http://www.depend.com.au/professional)



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personal care