

Product Fitting Instructions

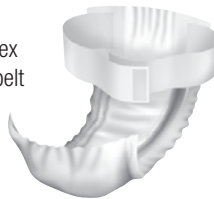
STEP A

Ensure the groin area is thoroughly cleaned and dried prior to changing DEPEND® Flex.



STEP B

Unfold DEPEND® Flex and expand waist belt and front section.

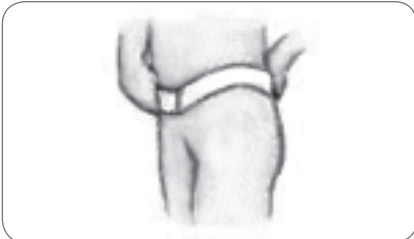


STEP C

Fold DEPEND® Flex lengthways to channel product.



STANDING



STEP 1

Place waist belt around waist and fasten.



STEP 2

Fit snugly into crotch, bring front of DEPEND® Flex up and fasten Velcro to the waist.



STEP 3

Adjust as necessary for comfort and fit (ensure Velcro does not come into contact with the skin).

SITTING



STEP 1

Expand waist belt.



STEP 2

Place unfolded DEPEND® Flex onto chair and sit resident onto flex. Attach waist belt around resident's waist.



STEP 3

Place front of DEPEND® Flex up into the crotch, whilst holding the seat of the DEPEND® Flex at the crotch.



STEP 4

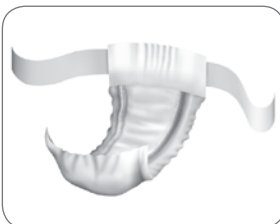
Expand both sides of the DEPEND® Flex and smooth back and front.



STEP 5

Attach velcro fasteners to the waist belt. Adjust as necessary for comfort and fit.

LYING DOWN



STEP 1

Open out waist belt.



STEP 2

With resident on side, gently fit DEPEND® Flex into groin, place one side of waist belt under resident.



STEP 3

Expand back of DEPEND® Flex and smooth prior to rolling resident onto back.



STEP 4

Bring through other side of the waist belt, attach waist belt around residents waist, fit front of DEPEND® Flex into groin and attach velcro to waist belt. Adjust for comfort and fit.

FINAL CHECKS:

- To promote optimal skin integrity and pressure area care, ensure velcro material does not come into contact with the skin.
- Wetness indicator should always be in line with centre of body.
- Line up wetness indicator with the division of buttocks.
- Once DEPEND® Flex is applied, ensure correct fitting by checking waistband & crotch, adjust if necessary.
- Ensure leg elastic is firm into the groin.

For more information on DEPEND® products and continence management go to

www.depend.com.au/professional