

About Incontinence

About Male Incontinence

Of the estimated 2.3 million Australian and New Zealand people who have urinary incontinence, about 20 percent are men.

Incontinence is not an inevitable part of aging, and it is not a disease. In fact, it's a symptom or side-effect of another medical condition. Male urinary incontinence may be caused by any number of health conditions.

Prostate problems and the treatments required to correct them are the most frequent causes of urinary incontinence in men. Most men have temporary incontinence following surgery for prostate cancer.

The severity of urinary incontinence in men ranges from partial to complete loss of bladder control. They may experience varying degrees of urine loss, and the incontinence may change over time. For example, men with light incontinence may leak a little when they laugh or cough, while men with heavy incontinence may be experiencing continuous leakage. No two men are alike, and no two men are affected by incontinence the same way.

